

Height & Weight:

An accurate height and weight is the key to our fitting system. Use a reliable bathroom scale on a hard surface to be sure you provide an accurate weight.

Head Size:

Measure around the cap line above the ears to the nearest 1/4".

Deltoid:

This measurement is similar to the chest, except it includes the arms and is measured slightly higher than the chest. Measure around the body and shoulders at the deltoid muscle. Be sure to keep the measuring tape comfortable, and not to draw it too tight.

Chest:

Measure at the fullest part of the chest. Again, be sure not to draw the tape too tight. In colder temperatures, you want to give yourself some room to add additional layers underneath the garment.

Waist:

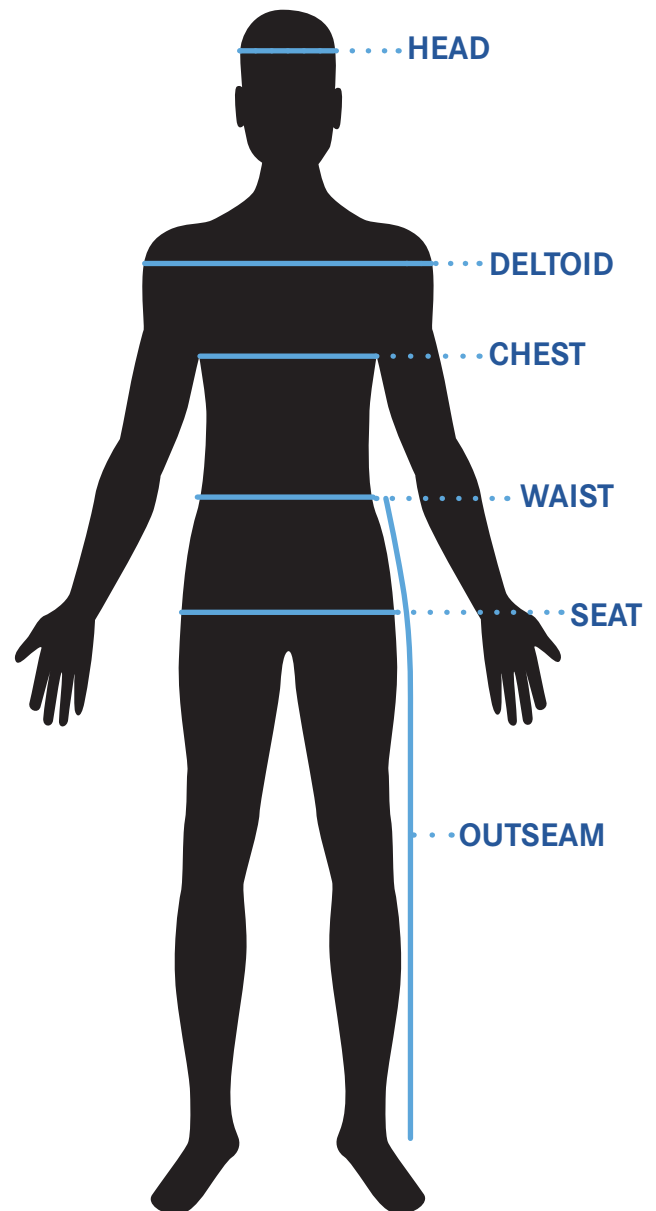
Locate your belly button and the top of your hip bone – that's the area which you want to measure around. Keep in mind that the proper spot for the waist measurement is higher than where you're likely used to wearing your pants.

Seat:

Locate your hip bones, and measure around the fullest part of the seat.

Outseam:

The natural waistline is where you start the outseam measurement. Measure from the waistline to the bottom of the ball of the ankle.



Stanbury uniforms are custom manufactured and trimmed, but not necessarily custom-fitted for each student. Our time-tested patterns fit the closest stock (off the rack) size and are designed to be worn by multiple students over multiple years.